



Food From the Bar

Challenging Hunger in Washington, D.C.

April 28 - May 30, 2014

A member of **FEEDING
AMERICA**TM

Together we can solve hunger

- The Capital Area Food Bank is a non-profit organization & member of Feeding America – the U.S. network of 200 food banks.
- We feed 500,000 people at risk of hunger in Washington, D.C., Maryland and Northern Virginia.
- Last year, we distributed the equivalent of 35MM meals to kids, seniors and families in need.



The Cause: Food From the Bar



1 month.
500,000 meals.

Help us reach
our goal.



Challenging Hunger in D.C.
April 28 - May 30, 2014

LegalTimes



K&L GATES



Together we can solve hunger



It's local: A dozen D.C. firms are involved



K&L GATES



LegalTimes



WINSTON
& STRAWN

Duane Morris

BRACEWELL
& GIULIANI

BINGHAM

KELLEY
DRYE

BROWN
RUDNICK

PATTON
BOGGS^{LLP}

JENNER & BLOCK

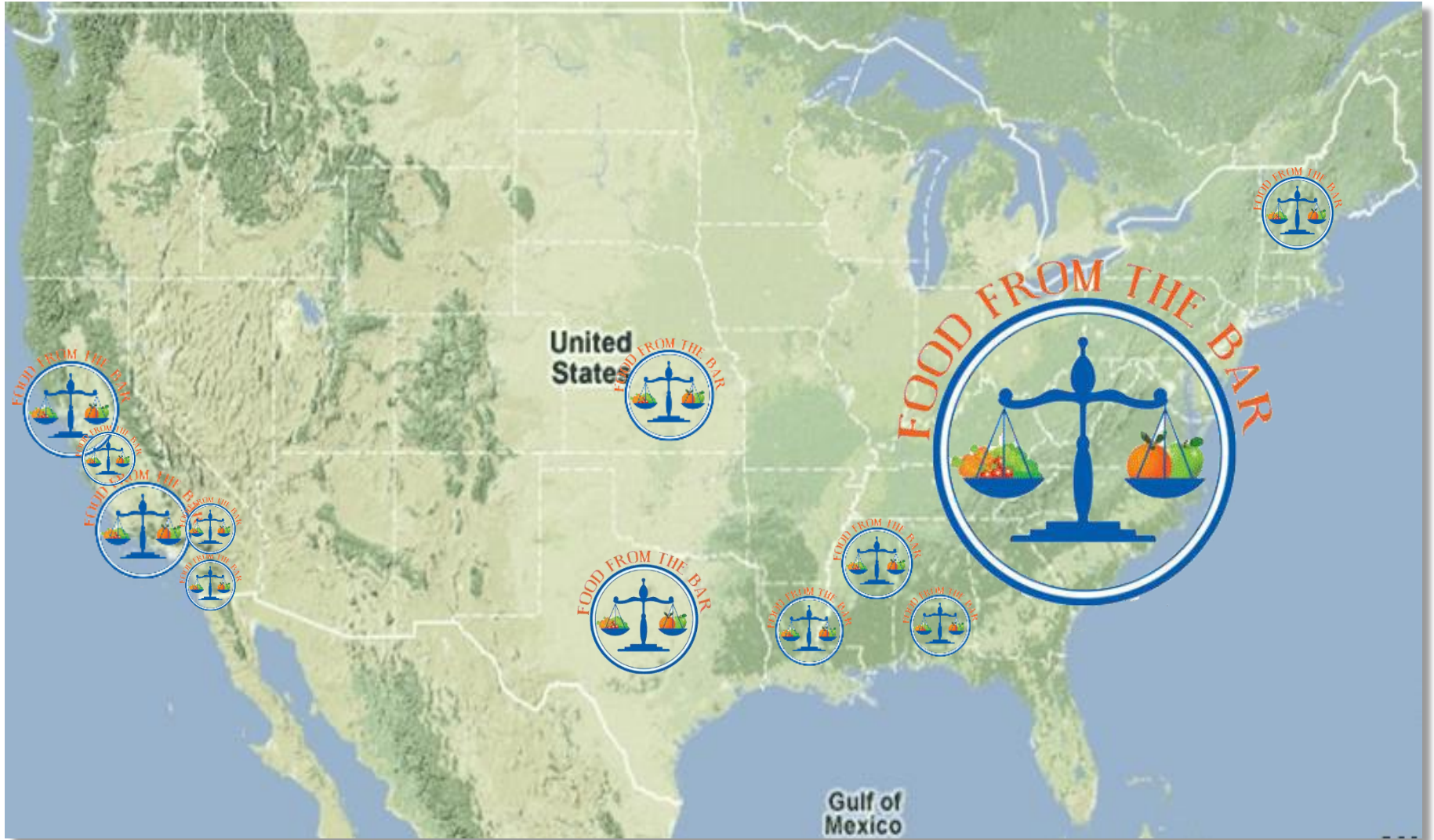
McKenna Long
& Aldridge^{LLP}



VENABLE^{LLP}

Together we can solve hunger

It's national: In a dozen U.S. cities



Together we can solve hunger



THE NEED
FOR FOOD FROM
THE BAR

Together we can solve hunger

WHILE THE
ECONOMY IS
RECOVERING,
HUNGRY
FAMILIES
ARE NOT.

Food insecurity
remains at
record highs.





1 in 3
CHILDREN

**IN WASHINGTON, D.C.
STRUGGLES WITH HUNGER**

HELP FILL THE SUMMER MEAL GAP.

When school ends, thousands of kids who rely on access to school lunch programs miss a critical source of nutrition.



1

Donate Food.

5 LBS. OF FOOD = 1 POINT



**Canned Chicken,
Salmon or Tuna**



Canned Vegetables
low sodium, no salt added



Canned Fruits
in light syrup or its
own juices



Grains
Brown & White Rice, Bulgur,
Pasta, Macaroni & Cheese



Peanut Butter



Canned or Dry Beans

MOST WANTED ITEMS:

**HIGH FIBER,
LOW SODIUM,
LOW SUGAR**

Together we can solve hunger

2 Donate Funds.

\$1.00 = 1 POINT

OUR PURCHASING
POWER HELPS THE
FOOD BANK BUY
3-5X MORE WITH
EVERY \$1 THAN THE
AVERAGE GROCERY
STORE SHOPPER



**\$10 =
25 MEALS**

Together we can solve hunger

1

When lawyers compete, everyone wins.

“The appeal of Food From the Bar is not just that we are helping the neighbors in our community but it’s fun and rewarding for all firms involved.”

Mark Ruge
Partner at K&L Gates
Co-chair, D.C. Food From the Bar



Together we can solve hunger

2 Help your firm win.

The best performing firms will be recognized in *Legal Times*.

Awards include:

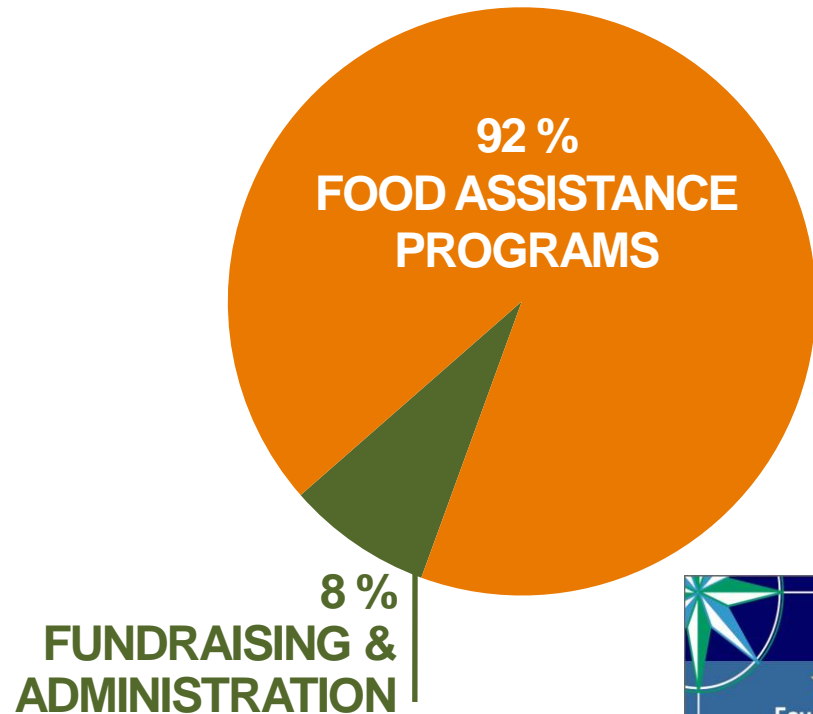
- “Top Banana”
- “Highest Per Capita”
- “Best Law School”
- “Most Creative Fundraiser”
- The “Cornucopia” Award (most food)
- “Best Kick-Off” Award



3 Every dollar counts.

\$0.92 cents of every \$1 is spent where it matters most: food distribution, transportation & hunger-relief programs.

\$10 = 25 MEALS



Together we can solve hunger



Contact

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